

Sixth Form Weekly Notes – Mon 27th Feb 2023

Week 2

Key messages:

NEU industrial action – Thurs 2nd March – strike day – school will still be open to ALL Sixth Formers. We will not know until the day which staff will be in and which will be striking but you should be in as usual. If a member of staff is not in you should work independently revising etc. Please take a register to Miss Hughes in Student Services.

Please let us have some feedback about Weekly Notes by completing this short survey: <https://forms.office.com/e/rC702nxJWU>

Yr12 – you need to be researching and trying to organise a work experience placement for w/b 10th July!

Key dates:

- **Weds 1st March – no Sixth Form PE due to staff absence / fixtures etc**
- **Thurs 2nd March – NEU strike action may cause disruption to lessons but Sixth Formers are expected in school**
- **Fri 3rd March – lesson 4 – Yr12 Sheldon Scholars – room tbc**
- **Fri 10th March – Strictly Sheldon – TICKETS ON SALE THIS WEEK!**
- **Tues 16th May – Yr13 Leavers' Day!**

Follow @sheldonsixthform on Instagram
Work hard, be kind and ask for help

Tutor work: Post-18 + Personal skills + Wellbeing + SPMC

Year	Monday	Tuesday	Wednesday	Thursday	Friday
am	Sheldon6 - weekly notes – WoW: EMPATHY - Would you rather? - https://formtimeideas.com/				
12 pm	Time to discuss and look for WEX opportunities. Students to send emails / make phone calls – use Weekly	Time to discuss and look for WEX opportunities. Students to send emails / make phone calls – use Weekly	Assembly – Mr Rand Chairs - SPT	World Book Day – read from, discuss, share favourite books	Whole school tutor work on vigilantism etc

	Notes, Pathway, Uptree, Springpod etc	Notes, Pathway, Uptree, Springpod etc			
13 pm	Your Money Matters - risk and reward 1 pgs 99-103 Book in files section of Teams	Assembly – Miss Owen Chairs – HEW	Your Money Matters - risk and reward 1 pgs 99-103 Book in files section of Teams	World Book Day – read from, discuss, share favourite books	Whole school tutor work on vigilantism etc

Suggestions for PDC books:

Notes on any of the above

Taskmaster: The most unusual book you/your family own – a photo or the actual book is fine

Wellbeing tip of the week:



Studies unraveled the secrets to good health

Having satisfying relationships boosts your health in old age, but you'll still need to exercise regularly.

Those are the findings of two unrelated studies, published this week. The first found that having good relationships with people was linked to a lower risk of developing long-term conditions such as diabetes, heart disease and cancer.

As ever, there are caveats. The decades-long study of 8,000 Australians focussed exclusively on women, though it seems likely the advice would apply to men. Researchers from the University of Queensland, which led the study, said "social connections should be considered a public health priority".

The second study, led by University College London, adds to a growing body of evidence linking regular exercise with better brain function in old age.

Lead author Dr Sarah-Naomi James said: "The effect is accumulative, so the longer an individual is active, the more likely they are to have higher later-life cognitive function."

Image: Joel Muniz

Community, mentoring, volunteering etc:

Please help Emma with her research for her EPQ by completing this survey about autism and education:

https://docs.google.com/forms/d/e/1FAIpQLSc9xAwu_YRsKV0Xy0ATHL9i5z6wPkBCw2vXniGP1p1k-MP_0Q/viewform?usp=sf_link



•BREAKFAST•

Breakfast served daily in the Refectory 8-8.25am

Items Served Every Day

Bacon Bap	£1.12	Porridge with Honey	£ 0.65
Sausage Bap	£1.12	Syrup Pancake	£0.50
Vegetarian Sausage		Fruit Pots	£0.92
Bap	£1.12	Yoghurt Pots	£0.92
Extra Bacon or		Hot Buttered Toast	£0.40
Sausage	£0.75		
Hash Browns	£0.55		

Friday Big Breakfast Full
English £2.19



Work experience, employment and apprenticeship opportunities / information:

Katie Witchell– our Careers Adviser is available to you all. You can email her directly at kwitchell@sheldonschool.co.uk to make an appointment or you can drop-in to the Careers Hub near the hall on Thursday or Friday lunch times.

Search <https://amazingapprenticeships.com/vacancies/>

Search and sign up for alerts at <https://www.findapprenticeship.service.gov.uk/>

Pathway CTM: <https://pathwayctm.com/student-register/>

Uptree: <https://uptree.co/a/signup/student/>

Springpod: <https://space.springpod.com/sign-up>

What is LMI? Why is it important and where can find it?

LMI is Labour Market Information. It is useful and important because it tells you what jobs are available, which are on the increase/decrease, what the pay is like etc

You can find LMI in the Careers Newsletter that comes out every week or so.
You can also find it on every careers page in the Careers Library on Unifrog.

Application Support?

At Pathway we want your students to succeed! That is why we offer **1-2-1 support sessions** every Tuesday, Wednesday and Thursday during term time. This is in a form of a **15 minute virtual session** that they can book in where it is dedicated time to them, receiving advice and support wherever they need it. Whether that be through the 1st stage of an application with their CV or the last stage, prepping for an assessment centre.

To book a slot students can email student@pathwayctm.com

Year 13 students in applying for a Level 4 or Level 6 Degree Apprenticeship in Software Development or Technology and studying a STEM subject at A-level, BTEC or equivalent.

[FREE online Software Development and Technology Application Masterclass with Arm](#)

Arm are intrinsic to the development of technology in billions of products, which touch the lives of more than 80% of the world's population. From bankers to farmers, students to surgeons, and start-ups to leading companies, they are bringing people and devices increasingly together as they shape the connected world.

HSBC UK Work Experience Programme 2023 dates:

- **Week A:** 10th-15th July 2023
- **Week B:** 7th-11th August 2023

The programme is hybrid (2 days placement in-person and 3 days of virtual employability and skills workshops).

Application process:

Submit an online application form

Complete a values-based online assessment

Participate in a strengths-based interview with one of our HSBC Recruitment team.

[APPLY NOW](#)

Dentistry Career Day - Saturday 18th March 2023

Medicine Career Day - Sunday 26th March 2023

Midwifery Career Day - Saturday 1st April 2023

Psychology Career Day - Saturday 8th April 2023
Business Career Day - Saturday 15th April 2023
Architect Career Day - Saturday 22nd April 2023
Vet Career Day - Saturday 29th April 2023
Law Career Day - Saturday 6th May 2023
Computer Science Career Day - Saturday 20th May 2023
Performing Arts Career Day - Saturday 27th May 2023

Students can visit www.careerdays.co.uk to join a session in their field of interest and will receive a certificate at the end of the day confirming their work experience.

University and other opportunities:

Check out UCAS and opendays.com for lots of open day information and opportunities

- **February 28 @ 16:15 - 17:00** Mathematics: Real World Applications of Matrices - Tutorial – Nottingham (KS5) [Find out more »](#) [NEW]
- **March 1 @ 15:35 - 16:20** Business: Strategic Direction & Methods with Goldsmiths (KS5) [Find out more »](#) [NEW]
- **March 2 @ 15:35 - 16:20** Society for Natural Sciences: How Chemical Bonds Make Magic Materials - The Case Of Carbon (KS5) [Find out more »](#) [RESHARED]
- **March 2 @ 15:35 - 16:20** Society for Natural Sciences: How Chemical Bonds Make Magic Materials - The Case Of Carbon (KS5) [Find out more »](#) [RESHARED]
- **March 6 @ 11:15 - 12:00** Religious Studies/Philosophy: Skills & Insight - Meta-ethics - Cheating with UEA (KS5) [Find out more »](#) [NEW]
- **March 6 @ 16:15 - 17:00** Computational Chemistry: Computational Chemistry - Tutorial – UEA (KS5) [Find out more »](#) [NEW]
- **March 6 @ 12:45 - 13:30** insight4me Physics: Waves Across Space with UEA (KS5) [Find out more »](#) [UPDATED]
- **March 7 @ 16:15 - 17:15** Classics/Drama: Sophocles' Theban Plays in the 21st Century with UEA (KS5) [Find out more »](#) [NEW]
- **March 7 @ 13:00 - 13:45** Aerospace Engineering: What Is Astrodynamics? Nottingham (KS5) [Find out more »](#) [RESHARED]
- **March 8 @ 17:45 - 18:30** International Women's Day: 'I Belong Here' – Science Study & Careers - UEA (KS4 & KS5) [Find out more »](#) [NEW]
- **March 8 @ 16:15 - 17:00** Robotics/AI: Achieving Human-like Perception, Computation & Reasoning - Tutorial - Sheffield (KS5) [Find out more »](#) [NEW]
- **March 9 @ 10:10 - 11:00** Extended Project Qualification: Developing Academic Writing Skills with Southampton (KS5) [Find out more »](#) [NEW]
- **March 9 @ 16:15 - 17:15** The Balance of Power - Government, Media, Markets? – Interdisciplinary University Perspectives & Debate – Goldsmiths (KS4 & KS5) [Find out more »](#) [NEW]
- **March 16 @ 17:15 - 18:00** HE Guidance: Student Money – How Does It Add Up? Goldsmiths (KS5) [Find out more »](#) [NEW]
- **March 20 @ 16:15 - 17:15** English Literature/Theatre: University Book Club – Death of a Salesman by Arthur Miller with UEA (KS5) [Find out more »](#) [NEW]

Imperial Life Sciences Scholars, is aimed at students interested in studying Biology or Biochemistry at university. It will take place online from 24th to 28th July. Further eligibility criteria can be found on [the application form linked here](#).

This summer school focuses on academic enrichment and university preparedness, and support the supra-curricular engagement that highly selective universities such as Imperial College London look for in student applications. [Click here to find out more about what participants can expect on the summer school](#).

It is our aim to support students from backgrounds that are underrepresented in higher education to take part in a summer school. As such, we'd particularly keen to receive applications from students from these backgrounds.

To apply, students should complete [the Imperial Life Sciences summer school application form](#) as soon as possible and before the final deadline at 12pm on Tuesday 2nd May.

Applications are open for Target Bath

Target Bath is a free programme for UK-based Year 12 students of Black African and Caribbean heritage where they can find out about life at the University of Bath.

The programme is free of charge and includes:

- Support throughout Year 12 and 13
- Insight into life at Bath
- Support with your subject choice and preparing for the UCAS process
- A place on Discover Bath, the free summer residential programme
- E-Mentoring from current Bath students
- The opportunity to gain a reduced offer to study at Bath

[Find out more and apply here!](#)

PLUS - Residential visits to University of Bath this Summer.

For Year 12 students

Discover Bath: <https://www.bath.ac.uk/campaigns/discover-bath>

Sports Summer

School: <https://www.bath.ac.uk/campaigns/sports-summer-school/>

UNIVERSITY OF SURREY VIRTUAL INSIGHT EVENT

PATHWAY

Are you curious to find out what it is
like to live and study at university?



The University of Surrey are hosting FREE residential and virtual summer schools in June/July 2023 for Year 12 students to experience university life!

Come along to this virtual Insight Event to find out more about the different summer school programmes and how they can benefit you before applying to university.

Thursday 2nd March
6pm-7pm
Virtual



Scan/click the QR
code to sign up



There are 4 different summer school programmes for eligible participants:

- [Faculty of Health & Medical Sciences \(June 26th-30th\)](#)
- [Faculty of Engineering & Physical Sciences Residential Summer School \(July 3rd-7th\)](#)
- [Faculty of Arts & Social Sciences \(July 3rd-7th\)](#)
- [Virtual Summer School \(July 17th-21st\)](#)

For the residential summer school ALL expenses are paid for including travel and food. Meaning students from anywhere in the UK can take part. For the virtual summer school any technical equipment needed can be supplied.



**Wiltshire
Community
Foundation**

WORRIED ABOUT THE COST OF GOING TO UNIVERSITY?

Wiltshire Community Foundation offers bursaries of £1,600 a year to young people who need support with the costs of studying an undergraduate degree at university.

Bursaries can be used towards:

- general living expenses
- course costs
- travel costs
- books and equipment

For more information scan the QR Code below, visit our www.wiltshirecf.org.uk or call 01380 738985.



You can apply for a bursary if:

- you, your parents or guardians receive two means-tested benefits or two elements of Universal Credit
- you are between 17 and 24 years old
- you have lived in Wiltshire or Swindon for at least two years
- you are eligible for funding through Student Finance England
- you are planning to study (or already studying) for your first undergraduate degree at a UK university/institution

Closing date for applications
15 May 2023.

www.wiltshirecf.org.uk
Registered charity no. 1123126

Gresham College lectures are a great way to learn beyond the curriculum and give you things to write about in university applications - <https://www.gresham.ac.uk/whats-on?see-all>

**HISTORICAL FICTION
FROM SIR WALTER SCOTT
TO GEORGETTE HEYER
AND HILARY MANTEL**

Professor John Mullan
Wed, 1st March 2023, 6pm
Barnard's Inn Hall / Online
[Register Now](#)

**PORTRAITS OF QUEEN
ELIZABETH II: THE
ARTISTS' CHALLENGES**

Philip Mould OBE
Thu, 2nd March 2023, 6pm
Barnard's Inn Hall / Online
[Register Now](#)

**THE MATHEMATICAL LIFE
OF SIR CHRISTOPHER
WREN**

Professor Sarah Hart
Tue, 7th March 2023, 1pm
David Game College / Online
[Register Now](#)

**THE CARBON CYCLE
BEHIND NET ZERO**

Professor Myles Allen
Tue, 7th March 2023, 6pm
Barnard's Inn Hall / Online
[Register Now](#)

Good news:



Australia announced a Germany-sized marine park

A week after it [sunk plans for a coal mine near the Great Barrier Reef](#), the Australian government has announced that it will create a marine park the size of Germany in the Southern Ocean.

Plans to triple the size of Macquarie Island marine park were announced this week. The region is a critical habitat for millions of seabirds, seals and penguins.

"This announcement is an important contribution to conservation in the oceans of the southern hemisphere – a region where dramatic climate change impacts may threaten unique wildlife," said Emily Grilly of WWF-Australia.

A consultation on the plans will begin in the coming weeks.

Image: Paul Carroll

Happy Birthday to everyone who has or had a recent

birthday...



Pet of the week: Thanks to Keazah. Meet Zuko!

