

Silver & Gold Duke of Edinburgh's Award – Training

Time	Activity
9:00 – 09:15	Introductions, The Award, today's program and split into teams of 7
09:15 – 10:45	All Teams: <ul style="list-style-type: none"> • Route Planning – complete route cards for Qualifying Expedition
10:45 – 11:00	Break
11:00 – 12:00	Silver Teams 1, 2, 3 <ul style="list-style-type: none"> • First Aid, Emergency Procedures & Aim of Adventure Silver Teams 4, 5, 6 <ul style="list-style-type: none"> • Trangia's, Food & Menu Planning Gold Teams 1,2 <ul style="list-style-type: none"> • Equipment, Rucksack & Countryside Code
12:00 – 13:00	Silver Teams 1, 2, 3 <ul style="list-style-type: none"> • Tent Pitching & Campcraft Silver Teams 4, 5, 6 <ul style="list-style-type: none"> • First Aid, Emergency Procedures & Aim of Adventure Gold teams 1,2 <ul style="list-style-type: none"> • Trangias, Food & Menu Planning
13:00 – 13:30	Lunch
13:30 – 14:30	Silver Teams 1, 2, 3 <ul style="list-style-type: none"> • Equipment, Rucksack & Countryside Code Silver Teams 4, 5, 6 <ul style="list-style-type: none"> • Tent Pitching & Campcraft Gold Teams 1,2 <ul style="list-style-type: none"> • First Aid, Emergency Procedures & Aim of Adventure
14:30 - 15:30	Silver Teams 1, 2, 3 <ul style="list-style-type: none"> • Trangias, Food & Menu Planning Silver Teams 4, 5, 6 <ul style="list-style-type: none"> • Equipment, Rucksacks & Countryside Code Gold Teams 1,2 <ul style="list-style-type: none"> • Tent Pitching & Campcraft
15:30 – 15:45	Questions, brief for Practice Expedition and depart