

# Your Heart Hospital 2024

## Understanding the Causes, Prevention and Treatment of Heart Disease

In partnership with the British Cardiovascular Society

Tuesday, 22<sup>nd</sup> October 2024

Postgraduate Medical Centre, Royal United Hospital Bath NHS Foundation Trust

Course Directors: Dr. Raveen Kandan, Dr. Rory Wilkinson, Dr. David Murphy

This meeting has been developed for Year 11/12 school students to help understand the causes, prevention and treatment of heart disease, appreciate what happens in a heart attack centre and to learn practical resuscitation skills. It will also give insight into careers in healthcare.

Please use the link or QR code below to register

https://yourhearthospital.wixsite.com/ruhbath



In partnership with

YOUR HEART HOSPITAL Understanding the causes prevention and treatment of heart disease British Cardiovascular Society



Dear Delegate,

We would like to invite you to attend Your Heart Hospital 2024.

During the course you will learn about the causes, prevention and treatment of heart disease as well as what happens in a modern heart hospital. You will be taught practical resuscitation skills and have the opportunity to speak to doctors and allied healthcare professionals about careers in healthcare.

This is the 5<sup>th</sup> year we are hosting this event. Previous meetings were well received and oversubscribed. Please register your attendance via the event website. We look forward to welcoming you to what promises to be an exciting, educational and interactive meeting.

Yours sincerely,

**Dr. Raveen Kandan** Consultant Cardiologist Royal United Hospital Bath

**Dr. Rory Wilkinson** Cardiology Clinical Fellow Royal United Hospital Bath

#### Dr. David Murphy

Cardiology Research Fellow Royal United Hospital Bath

Course Directors Your Heart Hospital 2024



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### Your Heart Hospital 2024 - Draft Programme

- 08:30 Arrival and Registration
- 09:00 Welcome: Dr. Raveen Kandan
- 09:05 Understanding how the heart works + Q&A: Dr Kevin Carson

### Session 1: Heart attacks

- 09:20 Heart attacks + Q&A: <u>Dr Dan McKenzie</u>
- 09:35 How we treat a major heart attack: <u>RUH Cath Lab Team</u>
- 09:45 Why we should all be trained as lifesavers, the school curriculum and 'Restart a Heart' day + Q&A: <u>Prof Jerry Nolan</u>

### Session 2: Resuscitation & Working in a Heart Hospital

- 10:00 **Learning and reinforcing resuscitation skills** (includes refreshment break) Dining Room
- 10:50 Small group careers discussions: Take the opportunity to ask Healthcare Professionals about their job and career opportunities – Lecture Theatre

(2 groups)

### Session 3: Heart conditions

- 11:40 Heart rhythm problems & treatments + Q&A: <u>Dr Ashley Nisbet</u>
- 11:55 Heart valve problems & treatments + Q&A: <u>Dr Amy Burchell</u>

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- 12:10 Preventing heart disease + Q&A: <u>Sam Jones</u>
- 12:25 Quiz: Dr Rory Wilkinson
- 12:40 Summary & closing remarks: *Dr. Raveen Kandan*
- 12:45 **CLOSE**



