

Year 11

# Revision Booklet



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# KS4 Qualification Summary

| Subject                                 | Level                          | Exam Board      | Specification Number | Link to Spec         |
|---|--------------------------------|-----------------|----------------------|----------------------|
| Art and Design (Art, Craft and Design)  | GCSE                           | EDUQAS          | C650QS               | <a href="#">Link</a> |
| Art and Design (Fine Art)               | GCSE                           | EDUQAS          | C651QS               | <a href="#">Link</a> |
| Art and Design (Textile design)         | GCSE                           | EDUQAS          | C653QS               | <a href="#">Link</a> |
| Business                                | GCSE                           | Pearson Edexcel | 1BS0                 | <a href="#">Link</a> |
| Business and Enterprise                 | Level 1/2 Certificate          | NCFE            | 601/0048/5           | <a href="#">Link</a> |
| Biology                                 | GCSE                           | AQA             | 8461                 | <a href="#">Link</a> |
| Chemistry                               | GCSE                           | AQA             | 8462                 | <a href="#">Link</a> |
| Computer Science                        | GCSE                           | Pearson Edexcel | ICP2                 | <a href="#">Link</a> |
| Creative Media Production               | BTEC Level 1/2 Tech Award      | Pearson Edexcel | 603/1238/5           | <a href="#">Link</a> |
| Creative Media                          | Cambridge National Certificate | OCR             | J817                 | <a href="#">Link</a> |
| Dance                                   | GCSE                           | AQA             | 8236                 | <a href="#">Link</a> |
| Design Technology (Graphic Products)    | GCSE                           | AQA             | 8552                 | <a href="#">Link</a> |
| Design Technology (Resistant Materials) | GCSE                           | AQA             | 8552                 | <a href="#">Link</a> |
| Design Technology (Textiles)            | GCSE                           | AQA             | 8552                 | <a href="#">Link</a> |
| Drama                                   | GCSE                           | Pearson Edexcel | 1DR0                 | <a href="#">Link</a> |
| English Language                        | GCSE                           | AQA             | 8700 option PN       | <a href="#">Link</a> |
| English Literature                      | GCSE                           | AQA             | 8702                 | <a href="#">Link</a> |
| Food Preparation and Nutrition          | GCSE                           | AQA             | 8585                 | <a href="#">Link</a> |

| Subject                | Level                          | Exam Board      | Specification Number | Link to Spec         |
|------------------------|--------------------------------|-----------------|----------------------|----------------------|
| French                 | GCSE                           | AQA             | 8658                 | <a href="#">Link</a> |
| Geography              | GCSE                           | AQA             | 8035                 | <a href="#">Link</a> |
| German                 | GCSE                           | AQA             | 8668                 | <a href="#">Link</a> |
| Health and Social Care | Cambridge National Certificate | OCR             | J811                 | <a href="#">Link</a> |
| History                | GCSE                           | Pearson Edexcel | 1H10 Option FR       | <a href="#">Link</a> |
| Maths                  | GCSE                           | Edexcel         | 1MA1                 | <a href="#">Link</a> |
| Music                  | GCSE                           | AQA             | 8271                 | <a href="#">Link</a> |
| Physical Education     | GCSE                           | AQA             | 8582                 | <a href="#">Link</a> |
| Physics                | GCSE                           | AQA             | 8463                 | <a href="#">Link</a> |
| Religious Studies A    | GCSE                           | AQA             | 8062                 | <a href="#">Link</a> |
| Science Trilogy        | GCSE (double award)            | AQA             | 8464                 | <a href="#">Link</a> |
| Spanish                | GCSE                           | AQA             | 8698                 | <a href="#">Link</a> |
| Sports Studies         | Cambridge National Certificate | OCR             | J813                 | <a href="#">Link</a> |

# Key Dates 2021-22

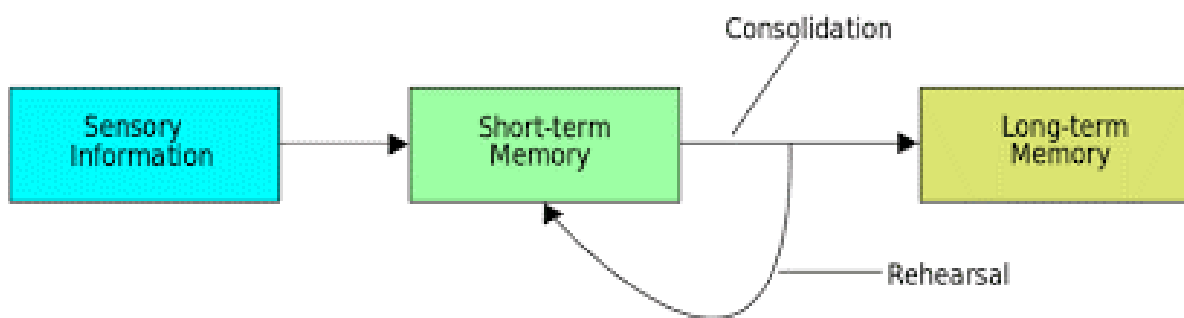
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|------------------------------------|-------------------|
| Virtual Parent's Evening           | <b>01.12.2021</b> |
| Face-to-face Parents' Evening      | <b>24.03.2022</b> |
| Interim reports home               | <b>20.10.2021</b> |
| Mock examinations – week beginning | <b>17.01.2022</b> |
| Sixth Form Open Evening            | <b>12.01.2022</b> |
| Examinations start                 | <b>16.05.2022</b> |
| Examinations end                   | <b>29.06.2022</b> |

# Revision tips and advice

## How does learning happen?

In lessons content taught will go into students' working memories. For examinations students need to retrieve or recall information from their long-term memories.

In order for information to pass from working to long-term memory students need to revise or regularly recap and practise the information that has been taught.



## How to revise effectively

- Research clearly shows students need to be active rather than passive.
- Reading and note taking is a start, but to be able to remember information you need to regularly test what you do and don't know.
- Don't waste time re-making lots of notes and making pretty revision materials.
- Instead quizzes, flashcards, mind maps, mnemonics are better ways of remembering information.

- Start revision early and plan for a little but often revision.

## How can parents help support their child?

- Make sure your son/daughter has a quiet place to work.
- Help them to be organised.
- Ask them to teach you something they have learned.
- Help them stay positive.
- Help them avoid distractions.
- Ensure they are getting enough exercise, rest and are eating well.

## Creating a revision timetable:

- Remember English and Science count as two GCSEs so twice as much time should be spent on them.
- Always leave a buffer slot which can be used if your plans change.
- Find out what you need to know for each subject
- Start with your weakest areas
- Either allocate a topic or area to each revision session or make a list of what needs to be done and tick it off as you go
- Don't waste time deciding what to do – be ready to start revising!
- Don't let the timetable add to the stress! Use it as a guide to help you manage your time

## Revision timetable steps:

- Write in when your exams are
- Blank out commitments such as Christmas day!

- Schedule in time for hobbies – be realistic. Agree with work in advance days off for revision
- Block out time for subjects
- List of topics to cover for each subject from least confident to most confident (don't always start with subjects you are good at)

### Timetable template example

| Monday            | Tuesday | Wednesday     | Thursday                | Friday | Saturday | Sunday |
|-------------------|---------|---------------|-------------------------|--------|----------|--------|
| 22<br>School days | 23      | 24            | 25                      | 26     | 27       | 28     |
|                   |         |               | <b>Revision Evening</b> |        |          |        |
| 29 TD day         | 30      | 1<br>December | 2                       | 3      | 4        | 5      |
|                   |         |               |                         |        |          |        |

### What revision techniques work?

Anything that tests your memory:

- Online quizzes.
- Your own set of questions and answers.
- Flash cards.
- Mind maps.
- Brain dumps.
- Visual prompts e.g. dual coding or timelines

## Flash cards

### You do not need to buy special cards!

- You can cut regular paper or cards into rectangles.
- Once you have your flashcards made, you should revisit them regularly.
- One side of the flashcard contains the information you need to recall.
- The other side has the prompt. This could be text, an image or both!
- They can be used in a range of subjects from key vocabulary for Languages to memorising mathematical equations.
- Remember to keep them brief. The prompt should be brief and the information should also be brief. Yet, it should be able to help you use the information more effectively.
- There is also a website called Quizlet where you can create your own flashcards and other resources online!





## Mind Maps

- Take a sheet of **white unlined paper** and turn it 'landscape'.
- Choose some **bright felt tip pens**.
- Draw a **picture/ large heading in the centre of the page** which connects with what you want to learn.
- Choose a colour and draw a **main branch** off the central picture/heading.
- Write the first idea/key concept about the subject in **CAPITAL letters**.
- Draw separate branches for **each idea in different colours**.
- Develop each main branch into separate **smaller branches** as you add more ideas with a **minimal number of words**.
- Finally **add pictures** to each branch to aid your memory.



## Wellbeing – how to deal with stress and anxiety.

**Stress and a little bit of anxiety** is part of normal daily life. A little bit **can be a stimulus and motivator** for action by encouraging you to drive this energy into something positive and productive.

But it can also cause the inability to **concentrate**, **rapid** heartbeat, **nausea**, a sense of **loneliness**, **short-temper**, eating too much or not enough.

Talking about these effects will make it easier for students to recognise the signs in themselves, and help them seek support or advice to remain in control.

### Top tips for managing stress.

- Have realistic expectations and see mistakes as opportunities to learn.
- Support revision and set deadlines together.
- Put phones away and avoid computer games late at night.
- Ensure your son/daughter gets enough sleep, eats well and gets some exercise.
- Students – talk to your parents and ask for help if needed.



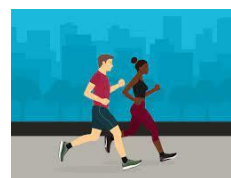
***“Before they go in for a test or exam, be reassuring and positive. Let them know that failing is not the end of the world.” - NHS.***

### Phones and computer games:



- The average person checks their phone about 85 times a day. Excessive use can lead to a wide range of negative consequences including:
  - **Reduced concentration and memory;**
  - **Increased stress, anxiety** and a fear of missing out.
  - Research has shown that playing computer games before bedtime can have a huge effect on the quality of sleep.

## Sleep, food and exercise



- National Sleep Foundation recommends GCSE students get around **nine hours** sleep a night.
- Research suggests a strong relationship between getting a regular night's sleep and exam results (about half a grade difference per subject).
- Ensure students eat breakfast and try to avoid high sugar to avoid a crash of energy and select food that slowly release energy.
- Involve students in buying and cooking food.
- Exercise can help boost energy levels, clear the mind and relieve stress. It does not matter what it is – walking, cycling, swimming, football and dancing are all effective.

## What if it all gets too much?

- Write down your worries - then throw the paper away or give it to someone you trust

- Draw a picture of how you want to feel or what you want to happen
- Go for a walk or do some exercise
- Listen to calming music
- Go and do something you enjoy
- Remember that everyone is different - try not to compare yourself to your friends
- Make a list of what you have to do and tick it off.



# Useful online revision websites

All lessons:

[GCSEPod](#)



[BBC Bitesize](#)



[Seneca learning](#)



## Subject specific Websites (with hyperlinks)

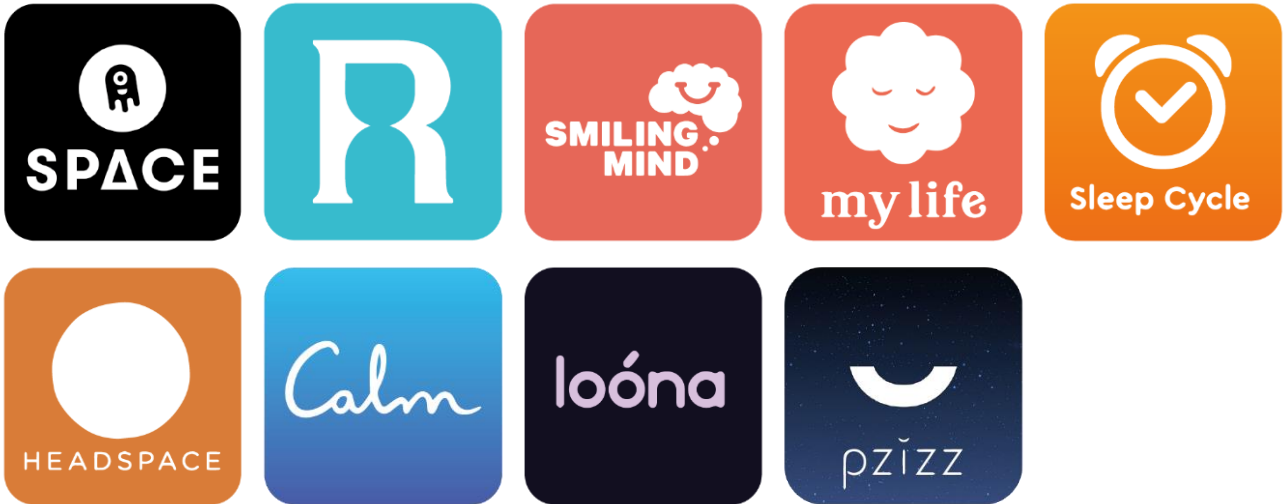
|                                 |                      |   |
|---------------------------------|----------------------|---|
| Business, Economics + Computing | KS4 Business Studies | <a href="#">Seneca Learning</a><br><a href="#">BBC Bitesize</a>   |
|                                 | KS4 Computer Science | <a href="#">Smart Revise</a><br><a href="#">ISAA Computer Science</a><br><a href="#">BBC Bitesize</a>   |
|                                 | KS4 Business VCERT   | <a href="#">qualhub.co.uk</a><br><a href="#">businesscasestudies.co.uk</a><br><a href="#">bbc.co.uk</a><br><a href="#">bizkids.com</a><br><a href="#">beebusinessbee.co.uk</a><br><a href="#">Princes Trust</a> |
|                                 | KS4 iMedia           | <a href="#">ocr.org.uk</a>  |

|                          |                         |  |
|--------------------------|-------------------------|--|
| <b>Design Technology</b> | KS4 Food Prep           | <a href="#">Seneca Learning</a><br><a href="#">GCSEPod</a><br><a href="#">bbc.co.uk</a>  |
|                          | KS4 Graphics            |  |
|                          | KS4 Resistant Materials |  |
|                          | KS4 Textiles            |  |
| <b>English</b>           | Year 11 BTEC Media      | <a href="#">bbc.co.uk</a><br><a href="#">GCSEPod</a>   |
|                          | Year 11 English         |  |
| <b>Humanities</b>        | KS4 Geography           | <a href="#">BBC Bitesize</a>   |
|                          | KS4 History             | <a href="#">MrsAllen2016/coldwar</a><br><a href="#">MrsAllen2016/Elizabeth</a><br><a href="#">MrsAllen2016/Germany</a><br><a href="#">Seneca Learning</a><br><a href="#">GCSEPod</a><br><a href="#">BBC Bitesize</a> |
| <b>Languages</b>         | French                  | <a href="#">Kerboodle</a><br><a href="#">BBC Bitesize</a>  |
|                          | German                  | <a href="#">Kerboodle</a><br><a href="#">BBC Bitesize</a>  |
|                          | Spanish                 | <a href="#">Kerboodle</a><br><a href="#">BBC Bitesize</a>  |
| <b>Maths</b>             | KS4 Maths               | <a href="#">Hegarty Maths</a><br><a href="#">Mathed Up</a><br><a href="#">Corbett Maths</a><br><a href="#">connect.collins.co.uk</a>   |
| <b>Performing Arts</b>   | KS4 Art                 | <a href="#">Edugas</a><br><a href="#">BBC Bitesize</a>   |
|                          | KS4 Dance               | <a href="#">AQA</a><br><a href="#">Quizlet</a>   |
|                          | KS4 Drama               | <a href="#">BBC Bitesize Subjects</a><br><a href="#">BBC Bitesize Exam Specs</a>   |
|                          | KS4 Music               | <a href="#">BBC Bitesize</a><br><a href="#">Quizlet</a>  |

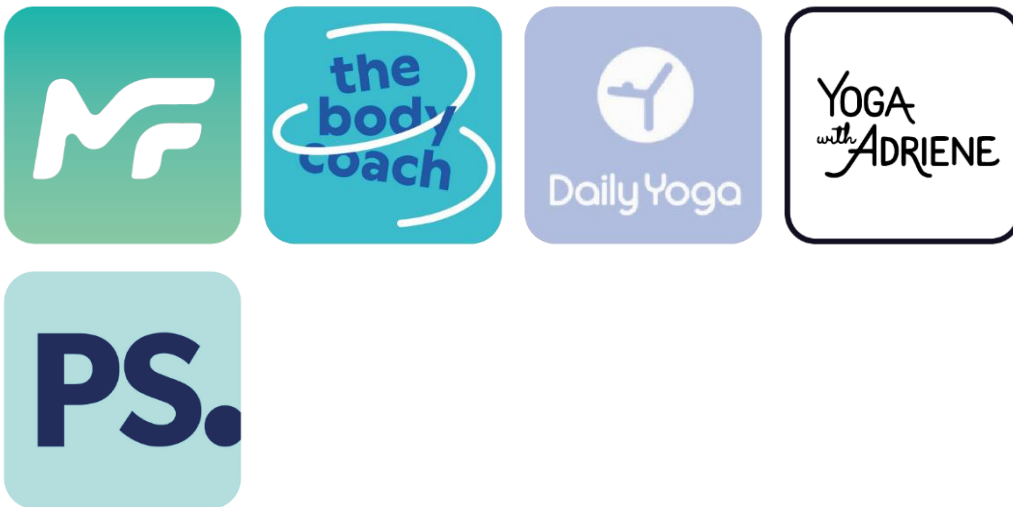
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|---------------------------|------------------------|---|
| <b>PSRE</b>               | KS4 PSRE Vocational    | <a href="http://asdan.org.uk">asdan.org.uk</a>  |
|                           | KS4 PSRE GCSE          | <a href="#">GCSE Pod</a><br><a href="#">BBC Bitesize</a>  |
| <b>Science</b>            | KS4 Science Trilogy    | <a href="#">Kerboodle</a><br><a href="#">BBC Bitesize</a><br><a href="#">Education Quizzes</a><br><a href="#">Seneca Learning</a> |
|                           | KS4 Separate Biology   |   |
|                           | KS4 Separate Chemistry |   |
|                           | KS4 Separate Physics   |   |
| <b>Physical Education</b> | KS4 PE                 | <a href="#">Seneca Learning</a>   |
|                           | KS4 Cambridge National |   |

# Useful wellbeing apps (click on icons for links)

## Apps



## Fitness – (some on YouTube)



## Magazines

