

Curriculum Plan *KS4 PE (Core)*

Year 10	Golden Treads: State the big ideas that will be taught across the year (Threshold concepts) To deliver a broad curriculum in which KS4 students have a degree of choice over the activities they participate in. To deliver lessons that reinforce and develop skills and knowledge acquired in KS3. To deliver lessons that promote further learning and progression but at times adopt a recreational approach to PE where relevant.			Enrichment: What is offered through the year to support learning in the classroom? Extra-curricular clubs Fixtures Trips (Ski Trip and Pencelli)		Review and evaluation: Give date for review of the curriculum June 2025	
	Topics	Assessment	Substantive Knowledge	Disciplinary Knowledge	Misconceptions	Key Vocabulary	Knowledge tracking
Term 1	In Terms 1 and 2, Year 10 students participate in directed activities.						
	Year 10 boys will complete the following modules in weeks 1-12: Rugby (4 weeks) Football (4 weeks) Volleyball (2 weeks) Hockey (2 Weeks)						
Term 2	Year 10 girls will complete the following modules in weeks 1-12: Netball (4 weeks) Hockey (4 weeks) Football (2 weeks) Trampolining (2 weeks)						
	Year 10s will also do an athletics module during the work experience fortnight in term 5.						
Term 3	From Week 13 onwards, Year 10 students then start an option programme. The remainder of Year 10 is divided into 6 four-week modules. Each module block has 6 activities to choose from. The activities on offer include:						
Term 4							
Term 5							
Term 6							