

Curriculum Plan *KS4 PE (Core)*



Year 11	Golden Treads: State the big ideas that will be taught across the year (Threshold concepts) To deliver a broad curriculum in which KS5 students have a degree of choice over the activities they participate in To deliver lessons that reinforce and develop skills and knowledge acquired in KS3 To deliver lessons that promote further learning and progression but at times adopt a recreational approach to PE where relevant		Enrichment: What is offered through the year to support learning in the classroom? Extra-curricular clubs Fixtures Trips (Ski Trip and Pencelli)		Review and evaluation: Give date for review of the curriculum June 2024	
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Term 1	In Year 11, students continue to follow an option programme. Ther Football Basketball	Hockey Lacrosse	n with 6 activities to choc	Rugby Badminton		
	Volleyball	Climbing (the Arc)			Handball	
Term 2	Trampolining	Tennis		Fitness		
	Softball	Cricket		Rounders		
Term 3	Netball	Table tennis		Map & Compass		
	Dodgeball	Capture the Flag		Touch rugby		
Term 4	The following sports build upon knowledge, skills and understanding acquired in KS3 PE: Football, badminton, basketball, Volleyball, Netball, Hockey, Tennis, Rugby, Fitness, Rounders. The following sports are new to KS4 pupils: Trampolining, Lacrosse, Climbing, capture the flag, map and compass					
Term 5						
Term 6						