

# Sheldon Sixth Form

Mr Spiers  
Mr Humphreys  
@sheldonsixthform

# This evening



Welcome and the year ahead

Wellbeing: Mr Spiers

Sheldon 6, routines, expectations and opportunities – Mr Humphreys

Post-18 options: Mr Spiers

Some things you can do to help...



# The year ahead

This term: timetables, school day, routines (Sept 30<sup>th</sup>)

Tues 20<sup>th</sup> Sept – True Adventure – Tanzania 2024 – 6pm – Study Room

Thurs 6<sup>th</sup> Oct – Awards Evening

Mon 10<sup>th</sup> Oct – Young Minds - #helloyellow

Oct 15<sup>th</sup> – UCAS early entry deadline (a heads-up for next year!)

Just after Oct half term – ‘settling in’ interim

Fri 18<sup>th</sup> Nov – Children in Need

Dec – Christmas carols, Macbeth

End Jan / start Feb – interim report

Thurs 16<sup>th</sup> March – Parents Evening (V)

w/b 8<sup>th</sup> May – Year 12 exams

Tues 13<sup>th</sup> June – Post 18 evening

End of June – Full report

w/b 10<sup>th</sup> July – work experience

# Wellbeing

Weekly  
tips +  
local  
support

Sixth  
Form  
Team

Tutor  
check-ins  
+ 1-2-1s

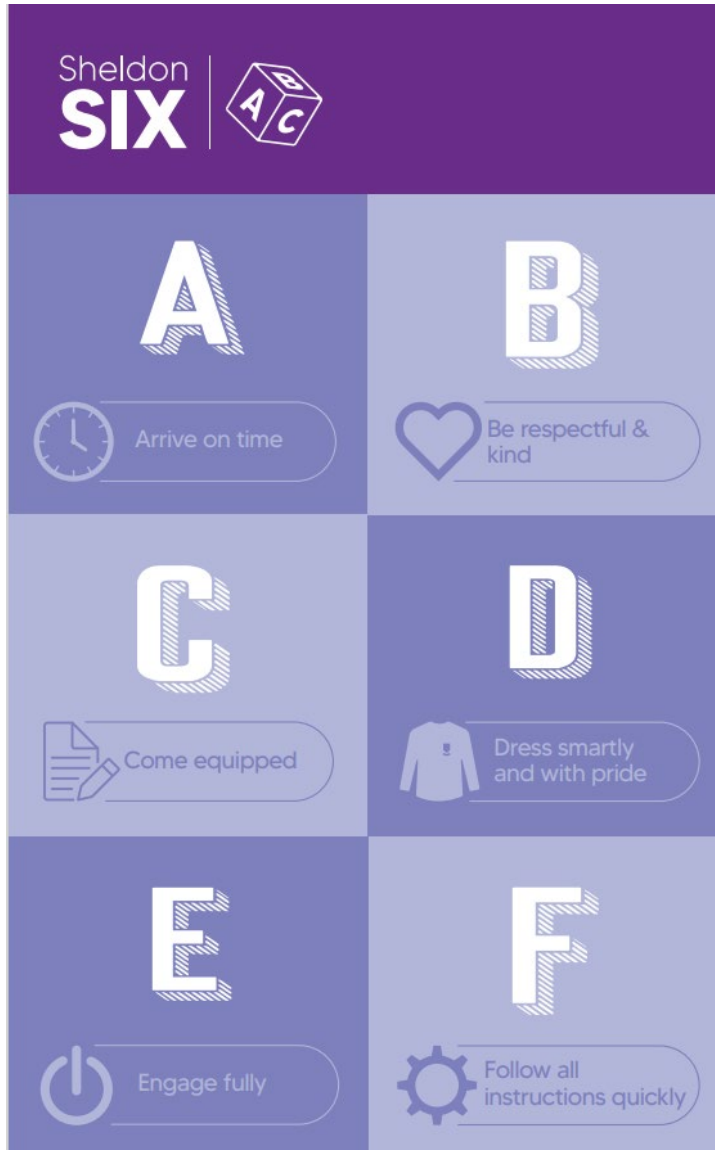
Mrs  
Coombs

Julie  
Strauss

Mr  
Holgate

School  
nurse  
drop-in +  
first aid

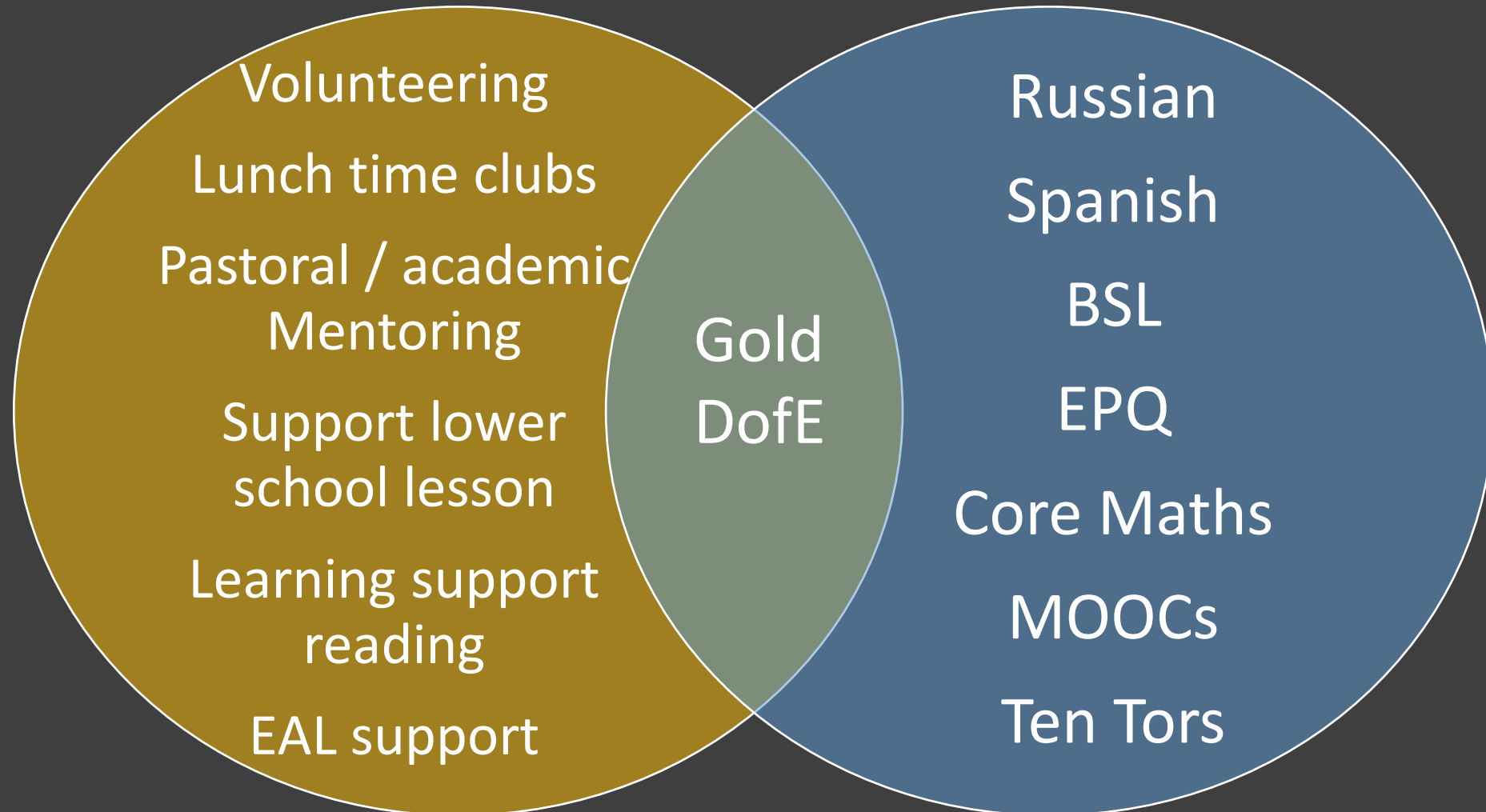
# Sheldon 6, routines, expectations and opportunities



- Lanyards
- Dress code
- Study time – ASTD
- PE
- No home study...yet
- Communication
- Tutor time – PDC
- Weekly notes
- Electives – Project 5000



# Project 5000 – Electives



# Post-18

01

Kate Witchell

02

Pathway CTM;  
Uptree,  
Springpod

03

Unifrog

04

Access to  
Bristol:

[https://www.bristol.ac.uk/study/ou  
treach/post-16/access/apply/](https://www.bristol.ac.uk/study/ou<br/>treach/post-16/access/apply/)

# Marginal Gains + <https://www.netsixthform.co.uk/resources/view/video-for-parents-independence-and-communication>

**Figure 2. Effects of repeated studying versus repeated retrieval practice. Derived from Roediger and Karpicke, 2006.**

