

## **Sixth Form Notes – Tues 6<sup>th</sup> Jan – Sun 18<sup>th</sup> Jan 2026**

W/B 5<sup>th</sup> = Week 2 – Yr13 assembly – Thurs – chairs TJS

W/B 12<sup>th</sup> = Week 1 – Yr12 assembly – Thurs – chairs GRA

### **Key messages (inc. community, wellbeing etc):**

#### **Happy New Year!**

Hopefully you had a great break with friends and family and are raring to go in 2026!

Yr12 will now ALL have PE every Weds afternoon (unless they have a lesson or a medical reason). It is optional for Yr13.

You will have noticed the arrival of the pool table and there are new surfaces on the tables in the Common Room now too. Please respect all Sixth Form areas and put rubbish in bins. Keep all food and drink away from the pool table. If you are interested in organising some regular pool competitions and establishing some agreed rules for use, please let Mr Spiers now asap.

I cannot believe I am writing this but - Please refrain from taking pictures or filming any videos in the toilets

VIPERS reading programme starts again Tues too – so please make sure you turn up if you are involved – the Learning Support team rely on your participation. Thank you.

#### **Mentoring**

Year Heads and Dr Butler have completed pairings and tutors will be able to share this with you. Once you have the name you should go to see the tutor of the mentee first to get some background information on the mentee and what day it would be most convenient for the mentor to regularly meet with the mentee each week.

You can choose to mentor Mon, Tues, Wed or Friday but not Thursday to allow attendance at assemblies.

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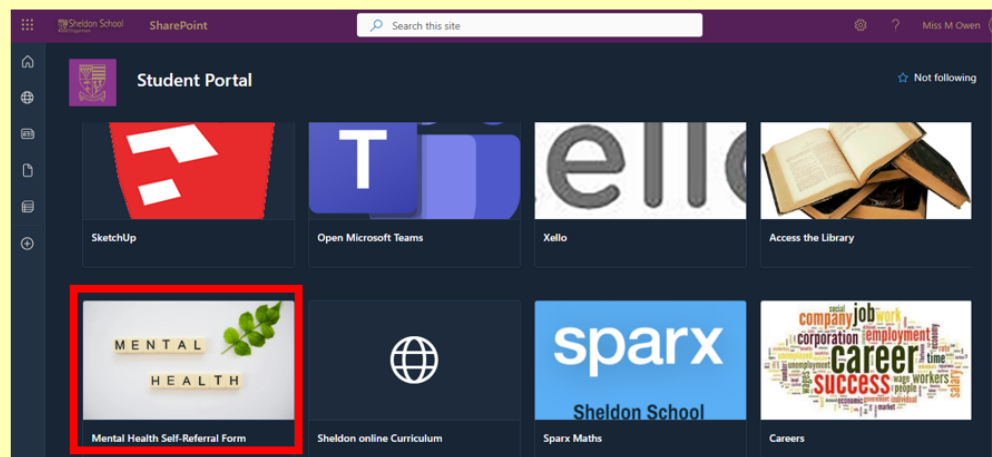
**Yr13 please note – Weds 14<sup>th</sup> Jan – Exam Stress Workshop – room tbc**  
The Wiltshire Mental Health Team are running this to support you ahead of the second set of mocks w/b 26<sup>th</sup> Jan

Unless you have a lesson you are expected to attend as follows:

**Lesson 5 = CMN, RTP, SXC**

## Wellbeing

- Last year, we introduced a new mental health referral form alongside a range of new interventions to support students' mental health and wellbeing. More information is available on our website - <https://www.sheldonschool.co.uk/home/information/wellbeing/>.
- To make it easier to come forward and ask for help with your mental health and wellbeing, you can now make a self-referral through a link on the student portal.



## Key dates:

Tues 6<sup>th</sup> Jan – Term 3 starts

Weds 14<sup>th</sup> Jan – Yr13 - Wiltshire Mental Health Team Exam Stress Workshop – lesson 5 – room tbc

Weds 14<sup>th</sup> Jan @6pm in the Study Room – Yr13 Revision and Parent Information evening

**WEDS 14<sup>TH</sup> JAN IS THE DEADLINE FOR UCAS – IF YOU STILL INTEND TO APPLY YOU MUST ACT NOW!**

w/b 26<sup>th</sup> Jan - Yr13 mocks:

<https://www.sheldonschool.co.uk/home/exams/mocks-timetables/#Y13>

**Yr13 ball – Tues 30<sup>th</sup> June!!!!**

**Follow @sheldonsixthform on Instagram – Be Kind, Be Brave, Be The Best You**

## PDC: Post-18 + Personal skills + Wellbeing + SPMC

Year	Tuesday 6 <sup>th</sup>	Wednesday 7 <sup>th</sup>	Thursday 8 <sup>th</sup>
Register – <b>DRESS CODE - LANYARDS</b> – SF notes – <a href="https://formtimeideas.com/">https://formtimeideas.com/</a>			
Yr12	<p>SF notes</p> <p>New Year – why willpower is a myth and what works instead: <a href="https://hjwtcoachingco.com/blog/willpower">https://hjwtcoachingco.com/blog/willpower</a></p>	<p><a href="#">FEEDBACK 1: RESPONDING TO FEEDBACK VIDEO</a></p> <p><a href="#">FEEDBACK 2: MAKING THE MOST OF FEEDBACK VIDEO</a></p>	<p>Watch this: <a href="https://www.ucas.com/advisers/help-and-training/guides-resources-and-training/tools-and-resources-to-help-you/your-guide-to-the-ucas-hub">https://www.ucas.com/advisers/help-and-training/guides-resources-and-training/tools-and-resources-to-help-you/your-guide-to-the-ucas-hub</a></p> <p>Then use the ppt to look at skills and register with UCAS Hub (phones or computers required)</p>
Yr13	<p>SF notes</p> <p>New Year – why willpower is a myth and what works instead: <a href="https://hjwtcoachingco.com/blog/willpower">https://hjwtcoachingco.com/blog/willpower</a></p>	<p>Post-18 check-in –</p> <p>Where to look for apprenticeships etc – <b>see careers section below</b></p> <p>Gap year plans?</p> <p>Post 18 actions doc in Teams</p>	<p>Assembly – Mr Spiers and Mr Humphreys</p> <p>Chairs @ 0815 - TJS</p>
Year	Tuesday 13 <sup>th</sup>	Wednesday 14 <sup>th</sup>	Thursday 15 <sup>th</sup>
Register – <b>DRESS CODE - LANYARDS</b> – SF notes – <a href="https://formtimeideas.com/">https://formtimeideas.com/</a>			
Yr12	<p>Unifrog tasks – a few to choose from – sheets attached and they will be in Teams</p>	<b>Tutor choice</b>	<p>Assembly – Mr Spiers and Miss Frater</p> <p>Chairs @ 0815 - GRA</p>
Yr13	<p>Post-18 check-in –</p> <p>Where to look for apprenticeships etc – <b>see careers section below</b></p> <p>Gap year plans?</p> <p>Post 18 actions doc in Teams</p>	<p><b>FRIENDSHIPS</b></p> <p><a href="#">POSITIVE FRIENDSHIPS VIDEO</a></p>	<b>Tutor choice</b>

## Work experience, employment and apprenticeship opportunities / information:

Katie Witchell– our Careers Adviser is available to you all. You can email her directly at [kwitchell@sheldonschool.co.uk](mailto:kwitchell@sheldonschool.co.uk) to make an appointment or you can drop-in to the Careers Hub near the hall on Thursday or Friday lunch times.

### What is LMI? Why is it important and where can find it?

LMI is Labour Market Information. It is useful and important because it tells you what jobs are available, which are on the increase/decrease, what the pay is like etc. You can find LMI in the Careers Newsletter that comes out every week or so. You can also find it on every careers page in the Careers Library on Unifrog.

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Search <https://amazingapprenticeships.com/vacancies/>

Search and sign up for alerts at <https://www.findapprenticeship.service.gov.uk/>  
<https://www.getmyfirstjob.co.uk/>

Pathway CTM: <https://pathwayctm.com/student-register/>

Uptree: <https://uptree.co/a/signup/student/>

Springpod: <https://space.springpod.com/sign-up>

Zero Gravity: <https://app.zerogravity.co.uk/>

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## Telegraph Media Group Media Literacy Programme, which begins in March 2026

The programme aims to break down the barriers to careers in journalism and provide school pupils with the tools and skills to think critically about the media landscape. It gives an insight into what it's like to be a journalist at an award-winning multimedia news brand. The programme is open to all 16-18-year-olds across the UK and we would really encourage your pupils to apply.

The online sessions will be with a range of Telegraph journalists from departments including news, sports, beauty, music, and social media. Participants will have the opportunity to learn news skills such as headline writing, interviewing and travel writing, and win prizes.

The programme will run for four weeks, beginning on **Tuesday, 3rd March 2026**.

Sessions will take place online from **4:00 to 5:10 pm every Tuesday**. At the end of the programme, each student will receive a Telegraph Media Literacy Journalism Certificate.

To submit their applications, students should visit <https://careers.telegraph.co.uk/jobs/job-details/The-Telegraph-Media-Literacy-Programme-2026-London>. As part of their application, they will need to complete a short cover letter outlining why they wish to participate in the programme.

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## Two week paid internship for Law – Summer 2026

<https://app.zerogravity.co.uk/careers/jobs/0knU4j>

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## 30 pages of up to date apprenticeship listings:

<https://www.amazingapprenticeships.com/wp-content/uploads/2025/10/Higher-and-Degree-October-2025.pdf>

### **PwC: Flying Start degree programme**

Applications are now open for PwC's Flying Start degree programmes in Accounting, which allow students to gain a degree and begin their career at the same time. Students can apply for 2026 entry through UCAS. [Share with your students](#) (deadline: 14 Jan)

### **Lloyds Banking Group: 2026 apprenticeships**

Lloyds Banking Group's 2026 apprenticeships are open for applications, with a starting salary of £26,500 and opportunities nationwide. Students can apply for roles in sectors including Data, Technology Engineering, Risk, Commercial & Business Banking, Audit, and Actuarial, and gain real experience while earning and learning. [See one of the roles available and share with your students](#)

### **National Grid: 2026 apprenticeships**

With opportunities across craft, engineering, and business support, there's a pathway for every student at National Grid. These roles are open to applicants in Y11-13, offering a real career start, training, and qualifications. Apprenticeship applications open on 27 October. [Share with your students](#)

### **Employer webinars:**

**Dunelm (Fitter role)** - 15th January, 4pm - [BOOK NOW](#)

**British Army** - 3rd February, 4pm - [BOOK NOW](#)

## Upcoming Uptree careers events:

[Virtual: Trowers & Hamlins - Solicitor Apprenticeship Online Application Masterclass](#) (27 Jan)

[National: KPMG - Student and Parent Insight Evening](#) (28 Jan)

[National: Cyber Force - Application Masterclass](#) (30 Jan)

[National: Broadfield - Virtual Law Work Experience Day](#) (5 Feb)

[Edinburgh: KPMG - Work Experience Day](#) (3 Feb)

[National: Clifford Chance - ACCESS Work Experience Day](#) (17 Feb)

[Leeds: Lloyds Banking Group - Work Experience Days](#) (27 Feb, 6 Mar, 25 Jun)



# Experience of the Workplace

(Previously called Work Experience)

We have some enjoyable and engaging opportunities for you to experience what life is like working in the NHS and following the Gatsby benchmark 6 EotW.

Placements are limited but we invite you to apply here and look forward to meeting you soon.

**Closing date for applications is Midnight 18/01/2026**

<https://forms.office.com/e/zGhZcsCqPe>

**The RUH, where you matter**



Poster removal date: 16/02/2026

**Microsoft apprenticeships:**

- QS and Cost Management Apprentice: <https://msft.it/6042tdHJG>
- Construction Site Management Apprentice: <https://msft.it/6043tdHJH>
- Design and Construction Apprentice: <https://msft.it/6044tdHJy>
- Customer Solutions Apprentice: <https://msft.it/6045tdHJJ>
- Customer Success Unit Apprentice: <https://msft.it/6046tdHJK>

## University and other opportunities:

Check out <https://www.unitasterdays.com/event-incentives/> and **UCAS** and [www.opendays.com](http://www.opendays.com) for lots of open day information and opportunities including:

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Check your emails for more information about this programme aimed at those considering Oxford or Cambridge universities. The deadline to sign up is Weds 7<sup>th</sup> Jan. You can apply to be part of the programme [here](#).

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UCL Masterclasses are back with a brand-new range of taster lectures, giving Year 12s a taste of university-level teaching. From '200 years of students at UCL' to 'The effects of microplastics on humans and the environment', there's a whole range of subjects available.

Masterclasses are a great platform to learn more about a subject and, at an hour long and hosted online, it's never been easier to join in and learn something new. For a full list of masterclasses available, please check the website via the button below.

The application deadline for the February sessions is **19 January**:  
<https://www.ucl.ac.uk/widening-participation/learners/year-12-and-13/information-advice-and-guidance/masterclasses>

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**Gresham College** lectures are a great way to learn beyond the curriculum and give you things to write about in university applications - <https://www.gresham.ac.uk/whats-on?see-all>



**Economics and Artificial Intelligence**

Professor Daniel Susskind  
Tue, 13 Jan 2026

[Find out more](#)



**Music of Light and Colour**

Professor Milton Mermikides  
Wed, 14 Jan 2026

[Find out more](#)



**Pictures from Afghanistan:**

**Are we making the same mistakes?**

Prof Clive Stafford Smith  
Thu, 15 Jan 2026

[Find out more](#)

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Other free lectures / seminars (good for uni applications, supporting studies etc):

- **8th January 2026 @ 16:00 - 16:45** Forensic Psychology: Memory On Trial - Surrey (16+) [Find out more »](#) **[NEW]**

**Birthdays recently or coming up – Happy Birthday to...**



**This fortnight: Lucy S; Monika B; Tom M; Maisie-Grace A and Chardra L**

**Pet of the week: We need more pets!!!**